



FRIENDS & INCLUSION

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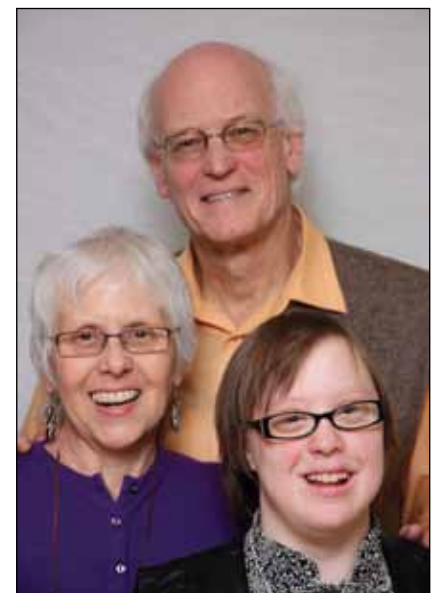
Five Approaches to Building Relationships

It's about relationships! It's that simple and that complex. But that is true for all of us; it takes work to build and sustain friendships. If you happen to experience a disability, building relationships *must be* even more intentional. It is just a matter of degree. We all need to *Belong*.

Peggy, John & Karen describe their personal search and exploration of five approaches to building the good life that Karen enjoys. Their frank assessment is instructive and will assist individuals, families and organizations to be more responsive in the most important assignment of a lifetime - building a network of relationships, so we lead full lives as engaged, participating and contributing citizens, and don't end up being isolated bystanders. Let Karen be your mentor. She has it figured out for herself - with a little help from her friends.

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Peggy Hutchison, John Lord & Karen Lord

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